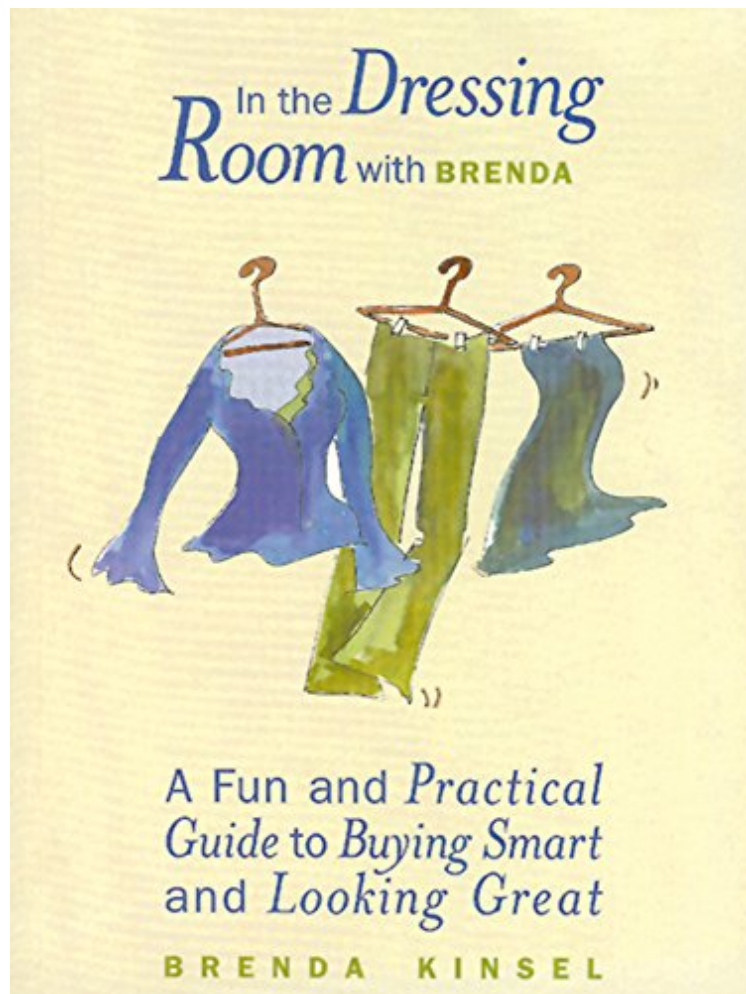


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Image consultant Brenda Kinsel tackles underwear, the booty, and the nightmare of shopping with kids all while helping women make sense out of the vast imponderable that is the world of fashion. With gentle understanding, she helps every woman develop a healthier relationship with herself by taking a lighter look at hang-ups, and a deeper look at the fashion traps that are out there ready to grab the unsuspecting consumer.

About the Author
Brenda Kinsel is an image consultant, author, and the owner of Inside Out A Style and Wardrobe Consulting Company based in the San Francisco Bay Area where she matches people's clothes to their personalities, passions, and lifestyles. In 2009 she founded Brenda Kinsel E.T.C. Education, Training and Consulting for Image Professionals Worldwide to provide training, coaching, and marketing support to stylists and consultants in the industry. She is the author of several books, including 40 Over 40: 40 Things Every Woman Over 40 Needs to Know About Getting Dressed, Brenda's Bible, and Brenda's Wardrobe Companion. Her style solutions have been featured in InStyle and Real Simple, and on The Oprah Winfrey Show and NPR, among others.