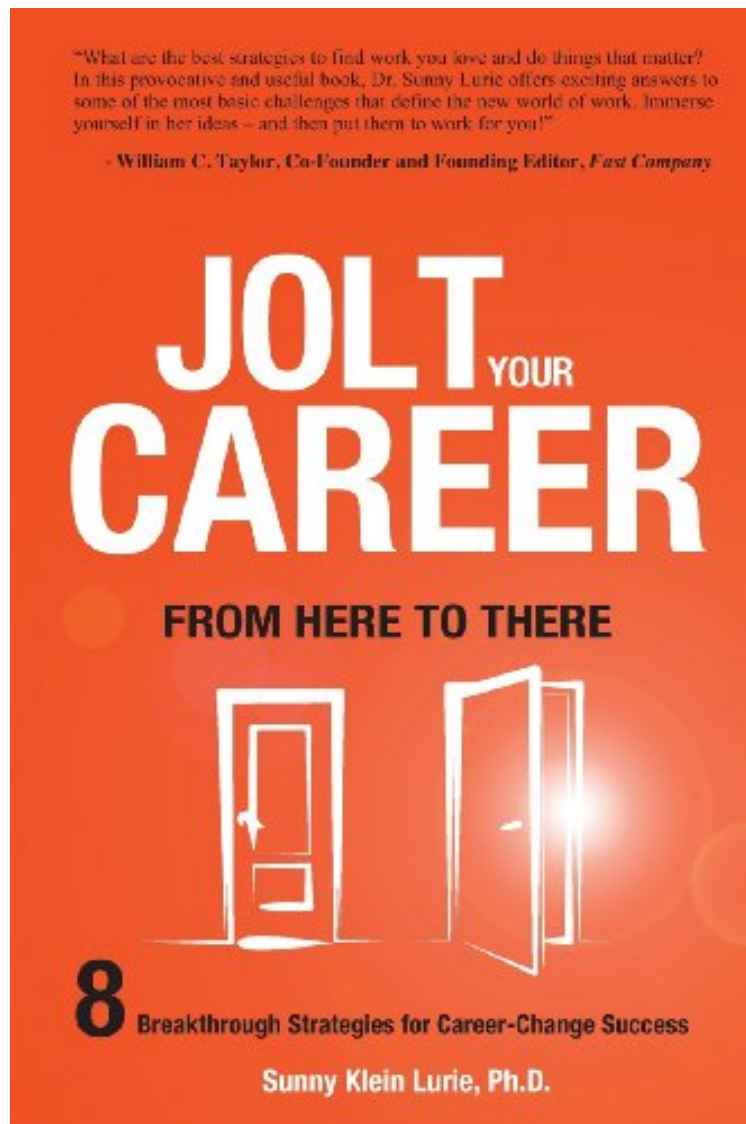


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## Jolt Your Career from Here to There: 8 Breakthrough Strategies for Career-Change Success

*Sunny Klein Lurie*

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**Sunny Klein Lurie : Jolt Your Career from Here to There: 8 Breakthrough Strategies for Career-Change Success** before purchasing it in order to gage whether or not it would be worth my time, and all praised Jolt Your Career from Here to There: 8 Breakthrough Strategies for Career-Change Success:

3 of 3 people found the following review helpful. Page Turner, Motivator, Customer FriendlyBy Laurie RoseJolt was

one of the most uplifting books about a potentially difficult subject. Dr. Lurie encourages proactivity on the job seeker's part but in a way that you feel excited to get to work on the changes necessary to Jolt your career. The book is written in a thorough, down to earth way. The reader knows that Dr. Lurie is a "regular person", and that she "gets it." She has the "it" factor. Each chapter is easy to read, and I think that career changers of all age groups can thrive from reading this. Whether you are a boomer, Gen X, or Millenium- there is something here for you. Good luck to everyone who reads this book. Magic will happen if you read it, and act on it. 0 of 0 people found the following review helpful. Must have for anyone looking to reinvent their career By Cleveland83 Jolt is a must have for anyone looking to reinvent their career; it does not follow the cookie-cutter mold of most career-oriented books (pages and pages of sample resumes, cover letters, stale old advice) and instead encourages the reader to really look deep within themselves in order to understand what they really need and want out of their career. Dr. Lurie offers sound advice on getting over one's doubts and overcoming obstacles. For example, one section features a chapter with a "don't say" and "say this" columns. Lurie gives common scenarios of problems that can inhibit one's growth and job search, and follows them up with constructive advice on overcoming those problems. Jolt is also refreshingly up to date technology wise and easily blends in methods for using social media sites like LinkedIn. Lurie's suggestions are also simple enough for any novice to follow, in my opinion. All in all, an enlightening read that even someone not currently seeking a career change would appreciate. 1 of 1 people found the following review helpful. Great Read at Any Stage of Your Career! By C. Smith "Jolt Your Career from Here to There" contains valuable information, strategies and resources for any stage of your career. Whether you are looking for a change, in the midst of a change you didn't want, or even if you're pretty happy where you are in your career, there is something to gain by reading this book. I have two twenty-somethings, both in good jobs right out of college, and this can benefit them, too. Dr. Lurie convincingly conveys the message that it's always a good time to be proactive about your career. She does this in such a matter-of-fact, supportive tone, sharing her own experiences as well as those of her clients and colleagues. This book is encouraging and motivating, while also realistic that there is work to be done in one's search for a rewarding career.

8 Proven Strategies to Open the Door to a Vibrant New Career! Sunny K. Lurie: "It's your career - by decision or collision. Either you make a decision to plan for a career change or put it off and risk a collision ... via merger, downsizing, or termination!" More than ever, in today's marketplace, change closes doors as companies come and go or careers simply end. When it's time to determine the next right career, we can either make a decision to open a new door or potentially fall victim to a career collision. But opening a new door won't happen by itself or with outdated job-seeking tactics. New opportunities rely on today's powerful career-change approaches. And this is the "Jolt" Sunny Lurie delivers in her high-octane, 8-step strategy that provides the best chance to meet new career expectations. "Jolt Your Career" reduces your fear of the unknown, identifies strengths and shifts mindset. Lurie's "Jolt" widens possibilities and eases navigation through an unfamiliar marketplace to an ever-fulfilling career change. Readers will enhance self-confidence, acquiring the latest and most commanding resume tools, social media approaches and high-impact interviewing methods. "Jolt" is a life-changing encounter with yourself! "Sunny Lurie's knock-out book is a must read for those wanting to take charge and gain clarity in building a new, satisfying, fulfilling work life ... and because career change has become a survival skill, we need new rules and fresh ideas!" Emily Webster Love, Journalist/ former Copy Editor, USA Today

About the Author Sunny Klein Lurie, Ph.D., founder and CEO of FAST FOCUS CAREERS, boasts a rich background in organizational development and career management consulting. Working with Key Bank and private clients for two decades, Lurie's proven techniques and breakthrough approaches help individuals make the right choice for the right career. She's served on numerous boards, including the American Society for Training and Development and National Association of Women Business Owners. A prominent speaker, Lurie publishes broadly in business journals. [www.JoltYourCareer.com](http://www.JoltYourCareer.com) [www.FastFocusCareers.com](http://www.FastFocusCareers.com)