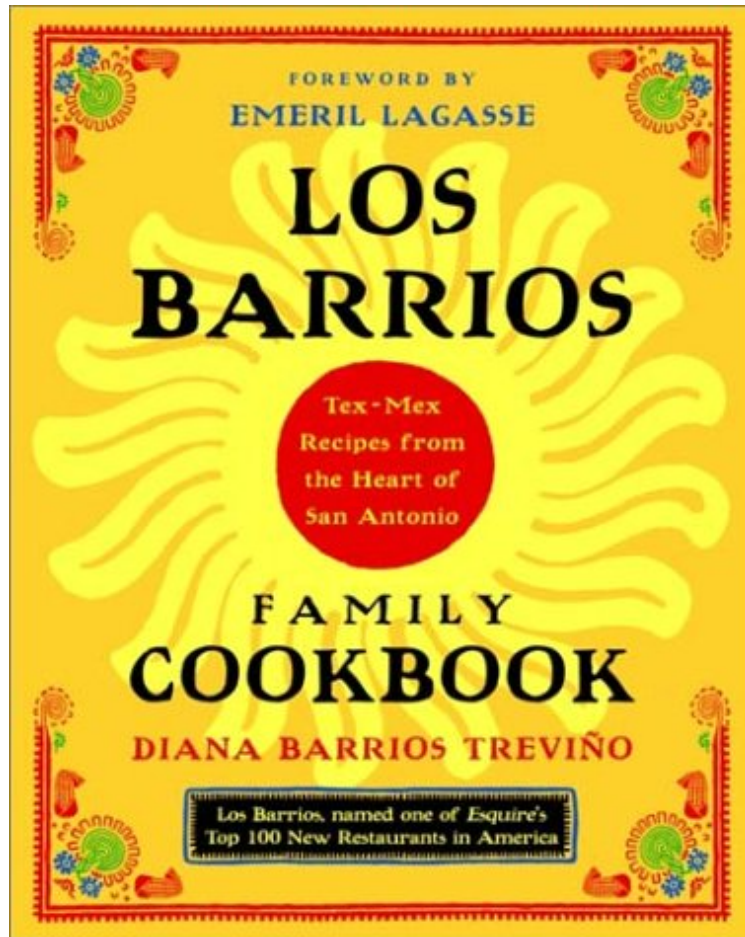


(Download free pdf) Los Barrios Family Cookbook: Tex-Mex Recipes from the Heart of San Antonio

Los Barrios Family Cookbook: Tex-Mex Recipes from the Heart of San Antonio

Diana Barrios Trevino

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#483143 in Books Diana Barrios Trevino 2002-06-11 2002-06-11 Original language: English PDF # 1 9.09 x .57 x 7.311, 1.00 #File Name: 0375760970240 pages Los Barrios Family Cookbook Tex Mex Recipes from the Heart of San Antonio | File size: 64.Mb

Diana Barrios Trevino : Los Barrios Family Cookbook: Tex-Mex Recipes from the Heart of San Antonio before purchasing it in order to gauge whether or not it would be worth my time, and all praised Los Barrios Family Cookbook: Tex-Mex Recipes from the Heart of San Antonio:

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Since 1979, Los Barrios restaurant in San Antonio, Texas--the heart of Tex-Mex cuisine--has been serving up casero, or home-style, cooking that has charmed food critics and earned an impressive following. Founded with a small investment and a lot of spirit, Los Barrios built its reputation on the authenticity of its cuisine. The Los Barrios Family Cookbook offers these reputation-making recipes--from simple but impressive traditional Mex-ican dishes, many of which have been handed down and perfected through the generations, to modern Tex-Mex favorites--to fans of Southwest cuisine across the country. Included are recipes for Mexican essentials: Homemade Flour Tortillas, Tamales, and Pico de Gallo; Barrios family specialties, such as Mama Viola's Chicken Rice Soup and Acapulco-Style Ceviche; and the classics--Chiles Rellenos, Chalupas, and Enchiladas Verdes. All the recipes contain easy-to-find ingredients, and special cooking tips will help you prepare dishes at home that will be as delicious as those served in the restaurant. The Los Barrios Family Cookbook is a comprehensive and indispensable resource for food that explodes with flavor. Buen provecho!

Im always looking for new tastes and cuisines in different regions of the country, especially those that involve local culture. We went in search of big Tex-Mex cooking, which San Antonio is known for. I chose Los Barrios from the many Tex-Mex restaurants in the city because I fell in love with Diana Barrios Trevio and the entire Barrios family. . . . The dishes they have created contain amazing combinations and flavors that many people dont get to experience. I wanted the rest of the country to sample what I was tasting. I wanted people to realize that true Tex-Mex cooking isnt just fajitas and burritos. Now, with the Los Barrios Family Cookbook, I am excited to know that people across the country can easily prepare and taste all of the delicious dishes I experienced on my visit. Whether you like your food hot, medium, or mildand these recipes have it allyoull love the food in this book.

from the Foreword by Emeril Lagasse

From the Inside Flap

Since 1979, Los Barrios restaurant in San Antonio, Texas--the heart of Tex-Mex cuisine--has been serving up casero, or home-style, cooking that has charmed food critics and earned an impressive following. Founded with a small investment and a lot of spirit, Los Barrios built its reputation on the authenticity of its cuisine. The Los Barrios Family Cookbook offers these reputation-making recipes--from simple but impressive traditional Mex-ican dishes, many of which have been handed down and perfected through the generations, to modern Tex-Mex favorites--to fans of Southwest cuisine across the country. Included are recipes for Mexican essentials: Homemade Flour Tortillas, Tamales, and Pico de Gallo; Barrios family specialties, such as Mama Viola's Chicken Rice Soup and Acapulco-Style Ceviche; and the classics--Chiles Rellenos, Chalupas, and Enchiladas Verdes. All the recipes contain easy-to-find ingredients, and special cooking tips will help you prepare dishes at home that will be as delicious as those served in the restaurant. The Los Barrios Family Cookbook is a comprehensive and indispensable resource for food that explodes with flavor. Buen provecho!

From the Back Cover

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