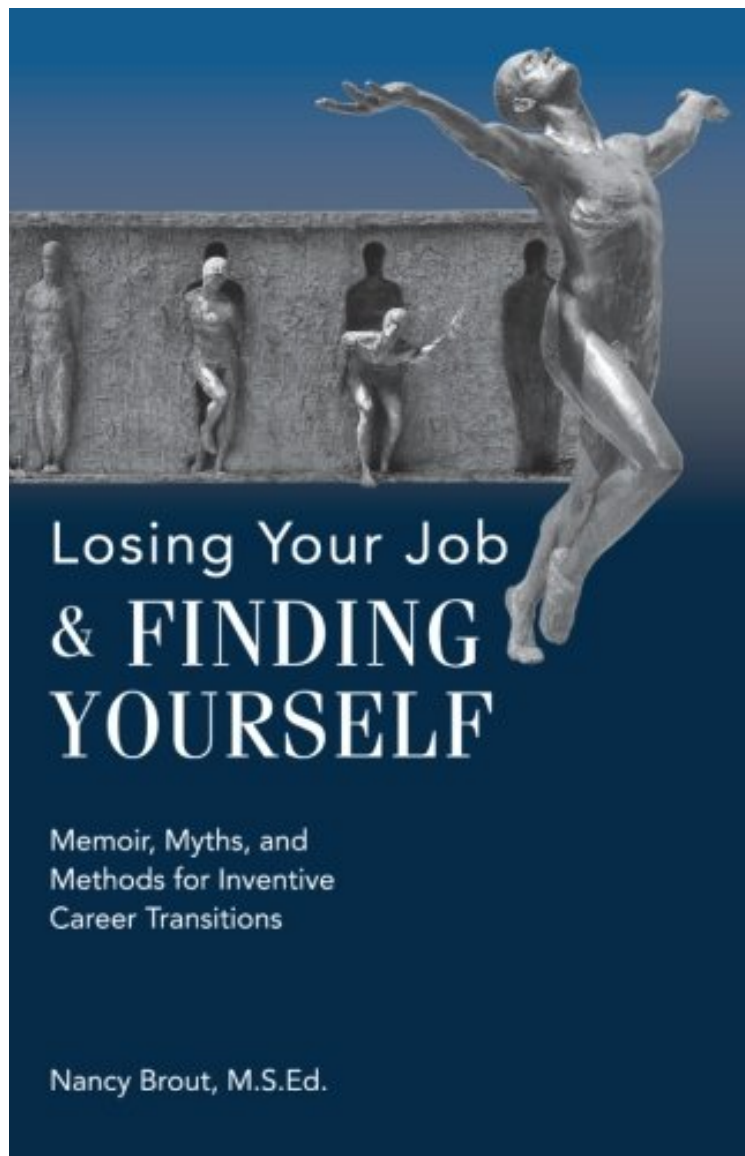


[Mobile pdf] Losing Your Job Finding Yourself: Memoir, Myths, and Methods for Inventive Career Transitions

# Losing Your Job Finding Yourself: Memoir, Myths, and Methods for Inventive Career Transitions

*Nancy Brout*

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**Nancy Brout : Losing Your Job Finding Yourself: Memoir, Myths, and Methods for Inventive Career Transitions** before purchasing it in order to gage whether or not it would be worth my time, and all praised Losing Your Job Finding Yourself: Memoir, Myths, and Methods for Inventive Career Transitions:

0 of 0 people found the following review helpful. You must read this book By sfairbro Of the books I have read in this category, this just shot to #1! This book is a compelling look at job seeking and self-reinvention. The memoir portion will resonate with anyone who has ever lost a position. Though I elected to leave, much of the turmoil Nancy describes is present for me. This book is unlike other books on career advice I have read. It is part memoir and then goes on to explain what worked during her transition. Nancy challenges the 5-20-70 (online job postings-recruiters-networking) statistics on what works for finding positions. She advances the theory that a combination of online job posting plus networking is the way to go. The memoir portion is fascinating as Nancy details her difficulties after losing a job of 20 years (minus seven days). Nancy is very forthcoming about the personal struggles that ensued. She advances two concepts that I believe are unique: Hard-to-Define Professionals The Sweet Spot Job Search Method Hard-to-Define Professionals I sometimes call myself a square peg. Nancy uses the term Swiss Army Knife. I identified with the characteristics she uses to describe such people. Rather than cribbing her observations word-for-word, if you define yourself as somebody who has had trouble describing your previous jobs, aren't sure what you want to do next, and struggle to define your value proposition, this book will be of interest. The Sweet Spot Job Search Method Here, I must quote from Nancy. The more fully a job meets my three sweet spot criteria, the sweeter it is: 1. Work I can do in my Capability Zone 2. Work I want to do 3. Work in a purpose- and value-driven organization Nancy then goes on to detail the method. One aspect of the method I find especially helpful is the 25 Activities: Most and Least Helpful for Job Searching and Networking. In this section, she describes standard job search tools in the order she used them, and provides practical guidance on specific aspects that did and didn't work for her. If you are struggling to address the elements of your job search toolkit, this information is invaluable. Spend your time where it matters most for your search. Conclusion Fortunately, Nancy's sweet spot includes writing and editing. This book is exceptionally well written and compelling. Unlike the tech books I waded through, it lacks the usual typos and missing words. If you need a fresh way of looking at things and a book you can't put down, this is the one. 0 of 0 people found the following review helpful. Indispensable to any career transition... By MD Excellent resource on career/life transition. The unbridled memoir format is presented such that anyone in transition is likely to find something to relate to. I voluntarily left my previous role and have already experienced much of what she describes regardless of why we find ourselves "between stories". In the detailed accounts of her transition, Nancy provides extremely useful information and techniques not found in more general career/job search books that I have read (e.g. she walks through the precise clicks to make in building a LinkedIn profile). She is not shy about describing the ups and downs of her own journey and ultimately gives hope to all of us that things do work out and we can "find ourselves" in sometimes unpredictable ways if we are receptive. I have already recommended this book to my coach and several of my colleagues and will likely read it several more times before I complete my own transition. 0 of 0 people found the following review helpful. Valuable Transition Resource By Samantha G. Howland Nancy has done a great job combining her personal transition story and discovery with practical tools relevant to so many professionals seeking their next job - either on purpose, or as a result of involuntary change. The self-discovery process, trial and error, and true intention to align your strengths with the right job requires discipline and practice. So many seasoned leaders need a refresh on their purpose and the right job seeking process for today's market. I highly recommend this book as a guide. It can also offer a source of camaraderie. There are frustrations and breakthroughs on any transition journey. Reading Nancy's book reminds you that you are not alone.

Millions of us feel lost at sea when we lose our jobs or want to change careers. Explore the despair, recovery, discovery, and triumph that come with losing our jobs, changing careers, and finding work we love. Whether losing your job by layoff or by choice, this memoir and guide offers solace, insights, and actions for navigating an experience that can be traumatic, turbulent, and triumphant. Reading Nancy's story is like having a conversation with a trusted confidant and coach. How can you lose your job and find work you are meant to do? Network less. Job hunt online more. Having landed all of her positions by applying for advertised jobs, Nancy crushes pervasive myths about the "hidden job market" and networking. After 20 years in one company, she conducted four search strategies, discovered work she was meant to do, helped clients gain confidence and find new jobs, and landed in an amazing job of her own. Conventional wisdom that 80% of jobs are never advertised is long overdue for extinction. At least 40% of new hires are found through online channels, and this is growing exponentially. Professionals who don't use online job boards, social media, and company career sites to generate interviews and offers are missing primary pathways to land their next jobs. Job seekers get results with Nancy's divergent Sweet Spot Job Search Method and tips on 25 Activities that are more and less effective for self-discovery, job hunting, networking, and finding work you love. If you are: Unemployed after losing a job you wanted to keep Considering a career change to find work you are meant to do A Hard-to-Define Professional who doesn't fit into a clear vocation This memoir and guide gives you: Comfort, courage, and confidence during a stressful transition Inspiration and methods to reinvent your career Proven ways to land a job in your sweet spot According to Dr. Paulette Gabriel, President of Key Leadership, "Losing Your Job Finding Yourself is a rare gift for professionals who want to figure out what's next in their careers. When job loss and turbulence comes with feeling like there's nowhere to go, Nancy's honest and insightful memoir is a beacon for

possibility, and a roadmap for how to get to that job that means so much." (From the Foreword)

**About the Author** With broad business experience and a graduate degree in psychology, Ms. Brouts story inspires and guides others to discover what they want to do, and then make it happen. Her proven job search methods come from being a Hard-to-Define Professional who changed careers three times and landed more than six jobs by applying for advertised positions.