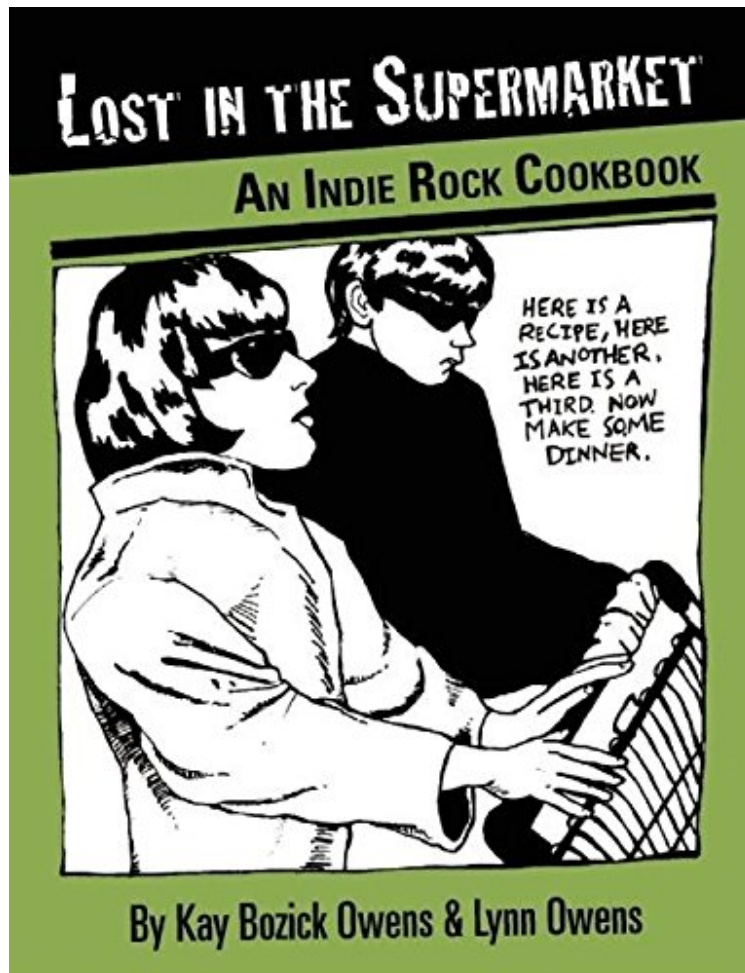


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## Lost in the Supermarket: An Indie Rock Cookbook

*Kay Bozich Owens, Lynn Owens*

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**Kay Bozich Owens, Lynn Owens : Lost in the Supermarket: An Indie Rock Cookbook** before purchasing it in order to gage whether or not it would be worth my time, and all praised Lost in the Supermarket: An Indie Rock Cookbook:

0 of 0 people found the following review helpful. Gift for a FriendBy KatieBought it as a birthday present for a friend of mine who's into music and who almost exclusively eats microwave meals. She seemed happy with it while she was flipping through it. When I looked at the book briefly before giving it to her, it seemed to have recipes AND some history, like a cool informative cookbook that doesn't play by the rules.1 of 1 people found the following review helpful. Not many Gems HereBy WeberishThis book will not increase either your indie or culinary "cred." Most of the recipes are idiosyncratic, bordering on the pointless, and the book does not appear to be anything more than a sociologist's indie-rock vanity project. I've tried a selection of the recipes, and few taste better than diner fare. A notable exception in this regard is the recipe from Sonic Youth, which is quite delicious. Really, though? Unless you're

getting this used, at a steep discount, it's nothing more than a novelty cookbook/read.0 of 0 people found the following review helpful. ehBy ShaidaDisappointed. Recipes are worthless. Good for a coffee table book though.

Historically, a love of cooking has been left to those considered far from cool: suburbanite Betty Crockers toiling over a hot stove. But the new youth-culture sensibility has taken over, merging the axiom You are what you eat with its updated mantra You are who you listen to. Lost in the Supermarketeyes, named for the 1979 hit by The Clash is a creative compendium of recipes that reclaims the kitchen for the hip crowd. At once a meditation on the connection between food and music and a great culinary resource, this cookbook is full of the favorite recipes of some of indie rocks elite. In chapters on both daily dishes and special event grub, contributions from such indie notables as Animal Collective, Black Dice, Sunset Rubdown, and Country Teasers are included, giving readers plenty to groove on, whether they're in it for the tunes or the tastes or both.

"This marriage of bands and cooking is a natural convergence."