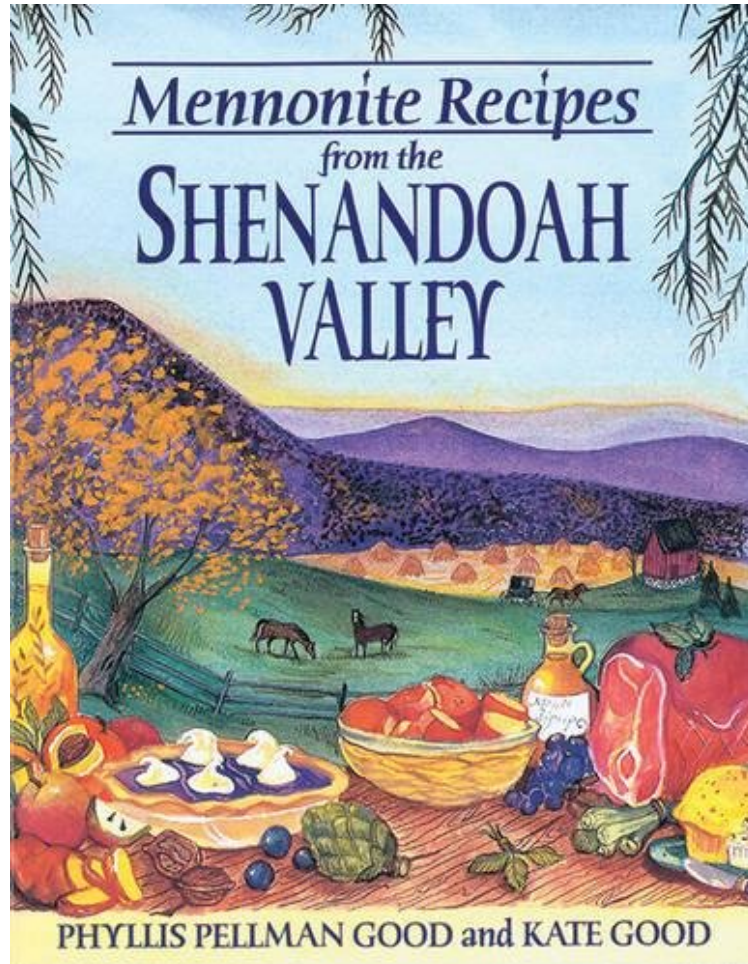


Mennonite Recipes from the Shenandoah Valley

Phyllis Good

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Phyllis Good : Mennonite Recipes from the Shenandoah Valley before purchasing it in order to gage whether or not it would be worth my time, and all praised Mennonite Recipes from the Shenandoah Valley:

0 of 0 people found the following review helpful. Five StarsBy CustomerAll expectations were met.5 of 5 people found the following review helpful. Featuring color photography and a spiral bindingBy Midwest Book ReviewThe Shenandoah Valley has been home to Mennonites and Amish whose culinary skills and traditions have pleased palates and satisfied hungry appetites for many generations. Phyllis Good is the curator of The People's Place Quilt Museum and the author of "The Best of Amish Cooking" and "The Festival Cookbook", as well as the co-author of four other cookbooks drawing from Amish and Mennonite culinary traditions. Kate Good co-authored "Amish Cooking For Kids" along with her sister, Rebecca, and her mother, Phyllis. Together, mother and daughter have collaborated to once again showcase recipes from the Shenandoah Valley region, with Kate researching and writing the profiles of the Shenandoah Valley Towns associated with the recipes in this culinary compendium. Featuring color photography and

a spiral binding allowing *Mennonite Recipes From The Shenandoah Valley* to lay flat upon the kitchen counter, the recipes range from Blueberry Oat Muffins, to German Potato Salad, to Sweet Potato and Apple Casserole, to Dutch Meat Loaf, to Old-Fashioned Egg Custard, to Golden Carrot Cake. If you only have time enough for one new cookbook for your kitchen, make it *Mennonite Recipes From The Shenandoah Valley*!

Known for its piercing mountain ranges, its soft hilly pastures, and its Civil War secrets, Virginia's Shenandoah Valley is also the home of thousands of Mennonites. Their foods are as lush and as whole as the land on which they are grown and prepared. Here are hundreds of those uncommonly tasty recipes, gathered from a comforting food tradition, rooted in the old South. Includes color photographs of the community and its people, and historic sketches of many of the Valley's small towns. Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

From the Back Cover Known for its piercing mountain ranges, its soft hilly pastures, and its Civil War secrets, Virginia's Shenandoah Valley is also home to thousands of Mennonites. Their foods are as lush and as whole as the land on which it is grown and prepared. Here are hundreds of those uncommonly tasty recipes, gathered from a comforting food tradition, rooted in the old South. Included are color photographs of the community and its people, and historic sketches of many of the Valley's small towns. About the Author Phyllis Pellman Good is a New York Times bestselling author whose books have sold more than 11 million copies. Good is the author of the nationally acclaimed *Fix-It and Forget-It* slow-cooker cookbooks, several of which have appeared on the New York Times bestseller list, as well as the bestseller lists of USA Today, Publishers Weekly, and Book Sense. The series includes eight titles. The most recent are *Fix-It and Forget-It Pink Cookbook*, to benefit the Avon Foundation and *Fix-It and Forget-It Diabetic Cookbook, Revised and Updated*, with the American Diabetes Association. Good is also the author of the *Fix-It and Enjoy-It* series, a cousin series to the phenomenally successful *Fix-It and Forget-It* Cookbooks. Phyllis Pellman Good is Executive Editor at Good Books. (Good Books has published hundreds of titles by more than 135 authors.) She received her B.A. and M.A. in English from New York University. She and her husband, Merle, are the parents of two young-adult daughters. For a complete listing of books by Phyllis Pellman Good, as well as excerpts and reviews, visit www.Fix-ItandForget-It.com or www.GoodBooks.com. Excerpt. Reprinted by permission. All rights reserved. About This Cookbook Known for its piercing mountain ranges, its soft hilly pastures, and its Civil War secrets, Virginia's Shenandoah Valley is also home to thousands of Mennonites. When the Mennonites began to settle up and down the Valley in the mid- to late 1700s, they brought their farming skills, their orchard husbandry, their milling and small-business know-how. They also carried a food tradition to the Valley that was rooted in the farm country of Germany and of eastern Pennsylvania, those places where many of them had once lived. It proved to be a porous and adaptable food tradition, one that made room for those vegetables and fruits that grow abundantly on Shenandoah Valley soil, as well as those dishes they learned from their Southern neighbors who had also been transplanted from other lands. This collection of favorite recipes bears the flavor of what the Mennonites brought to the Valley--blended with what they learned there. It is that mix of the imported and the local, cooked side-by-side over time, that comes to define an identifiable food culture. In their most hospitable way, many Mennonite cooks from Virginia's Shenandoah Valley wrote out the recipes they've prepared for their families and guests for years--so that we might make them available here. We are grateful to all who took time to do that. A special thank you to long-time Valley resident Aunt Ellen Hartman who reminded some of the best cooks she knew to make their recipes available! Over time, the Mennonites spread the length of the Shenandoah Valley, creating small communities, opening new churches in which to worship as they went. We offer short profiles of the little towns throughout the Valley where there once were, or still are, Mennonite congregations. Here, then, is some of the flavor of the people and the countryside, as well as hundreds of uncommonly tasty recipes, gathered from a comforting food tradition, blended in the old South. -- Phyllis Pellman Good -- Kate Good Good Books, Intercourse, PA 17534