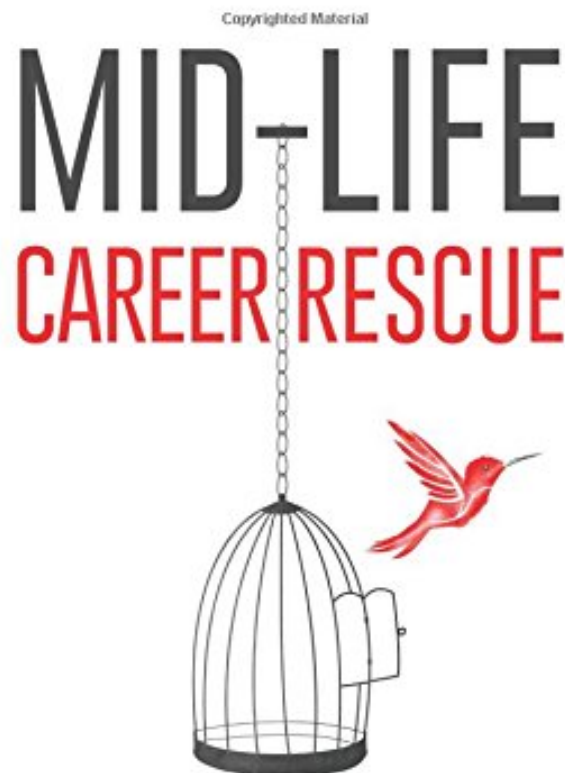


(Read free) Mid-Life Career Rescue: How to confidently leave a job you hate, and start living a life you love, before its too late (The Call For Change) (Volume 1)

Mid-Life Career Rescue: How to confidently leave a job you hate, and start living a life you love, before its too late (The Call For Change) (Volume 1)

Cassandra Gaisford

ebooks | Download PDF | *ePub | DOC | audiobook



The Call For Change

How to Confidently Leave a Job You Hate
and Start Living a Life You Love,
Before It's Too Late

CASSANDRA GAISFORD
Copyrighted Material

DOWNLOAD



READ ONLINE

#637623 in Books 2015-11-30Original language:EnglishPDF # 1 9.00 x .36 x 6.00l, .48 #File Name:
0994131402141 pages | File size: 37.Mb

Cassandra Gaisford : Mid-Life Career Rescue: How to confidently leave a job you hate, and start living a life you love, before its too late (The Call For Change) (Volume 1) before purchasing it in order to gage whether or not it would be worth my time, and all praised Mid-Life Career Rescue: How to confidently leave a job you hate, and start

living a life you love, before its too late (The Call For Change) (Volume 1):

7 of 7 people found the following review helpful. Very well written book, helps us find what our passion is and rescues us from a job we feel stuck in. By Claudia Svartefoss The author, having been in a job she didnt love, understands the problems and implications of this situation. She has found a way to pursue her passion and has shared in this book, her roadmap to success but focused on the reader finding our own. I love that she explains in specific how to identify when something bigger is calling us forward, and discusses the subject of change in great detail. I also love the Action task - where the reader is encouraged to think about our own situation in order to realize our own path toward success! It was so inspiring to read about the authors, as well as her interviewees stories and successes. If youre unhappy at work, this book will show you how to prepare yourself for the changes and improvement you deserve!

3 of 3 people found the following review helpful. Stop! Don't leave your job and start a business until you've read this book. By B Watson Having read the authors last book, I was looking forward to reading her latest endeavor. As usual, she didn't disappoint. Our jobs take up so much of our time, and in fact, our entire life. So it's important therefore that we pursue a role that we feel engaged with, and which empowers, rather than robs our time and energy. At some point in your career, you might seriously consider leaving your job and starting up your own business. Although this notion may sound insane to some, or romantic to others, it's not for the faith-hearted. That's why I was pleased to see Cassandra tackle the real challenges starting a business poses. Things like, finding the right business, how to start with little or no money, and how to leverage it to create a great lifestyle, to name a few. If you get to a stage in your life where you want to leave your job and start a business, this book will help you. Each chapter focuses on one highly practical aspect to starting your own business. I really like the entrepreneurial personality quiz she provides. It helps give you a good idea of whether this is for you or not. I felt especially inspired by the true accounts of people who beat the odds by starting a business and how they became successful. This book is clearly laid out, and comes with many links which offer further help. One of those links is a Best Fit Career Workbook. I also like the authors balanced approach. She doesn't over emphasize the success you'll enjoy as a business owner. She also balances this with the percentage of businesses that fail, and the reasons why. If you're looking for some extra motivation and methodology, you will be pleased you've got this book. It makes perfect sense, and could be the exact catalyst you need to build your first, or next business.

3 of 3 people found the following review helpful. An important book for anyone in a job that is making them physically ill. By Hillary Cassandra Gaisford's book, Mid-Life Career Rescue, puts passion first, exactly where it should be! She gently nudges us out of complacency by reminding us our career doesn't have to be life-draining if we are willing to take time figuring out what we want and the skills we have to actually do it. And then brilliantly she provides all the action steps we need to make a move by asking simple, yet powerful questions to help us find the answers already there inside of ourselves. I definitely recommend reading the chapter on stress in her book. I wish I had the valuable information she laid out 15 years ago when I went through a 'brown out,' one step before complete 'burn out.' If I knew what physical signs to look for I would have left that job way earlier than I did. Unfortunately for me I learned the hard way what a stressful job situation can do to you both mentally and physically, but you don't have to. Instead, you just need to read Mid-life Rescue, and follow the advice of Ms. Gaisford.

Practical, inspiring and empowering tips and strategies every job hunter and career changer needs to know. Are you showing signs of job dissatisfaction? Did you wake up this morning excited to face the day ahead? Or did the thought of getting up and going to work make you wish you could stay in bed? If Monday mornings are a low point in your week, it may be a sign that its time for a new career. Often you know what you want subconsciously before you know it consciously. While you may still be debating whether or not to stay in your job, your subconscious mind may have already decided its time for you to move on. The trouble is, you may not know what to do. You may be like so many career changers who say, I could do anything if only I knew what it was. Perhaps your job is making you sick. Common signs of neglecting your happiness and feeling trapped in a job that you dont enjoy can include: Headaches Insomnia Tiredness Depression Low self-esteem Lack of confidence Irritability and other warning signs. Its not surprising you may be struggling to get the energy or confidence needed to successfully find a new job or make a career change. Mid-Life Career Rescue will help take the stress out of making a change, confirm your best-fit career and give you the confidence to move toward your preferred future. Whether youre wanting to make a mid-life career change, proactively looking for new and more fulfilling ways of working and earning a living, job-hunting after job loss, or hoping to fall back in love with a job that youve come to hate, this book comes to the rescue. Career expert Cassandra Gaisford shares inspiring and practical career-change and job-hunting tips and strategies, she's used successfully herself and with clients. Mid-Life Career Rescue will help you: * Discover a job you love * Boost confidence, courage and self-esteem * Flame the embers of inspiration and passion * Identify areas of strength * Overcome stress and doubt * Break free of a job you hate * Work with your passion Whether you love the idea of the 4-hour workweek, want to find a job that reflects who you are and what's important to you, or thinking about starting a business, changing careers and finding a new job can be yours. As Richard N Bolles, author of 'What Colour Is Your Parachute', once said to me, sometimes all it takes is one book, one sentence to transform your life. Quit feeling

trapped. Reclaim your power! Find a job you love and finally live the life you want. Scroll up and click "Buy Now before its too late. The strategies in this book will also help job-hunters in their 20s, 30s or 40s successfully change careers.

About the Author Cassandra Gaisford is a best-selling author, holistic psychologist, career counsellor and life coach. She also trains other people who are passionate about making a difference in peoples' lives to be professional career and life coaches. Amongst other things she loves! She's a corporate escapee who now lives and works from her idyllic lifestyle property overlooking the Bay of Islands, New Zealand. She's a mid-lifer who wants more from her work life then to go work, grit her teeth and bare it. She wants to work with joy, passion, purpose and fulfilment - and she still wants to pay the bills! She's grateful to say that she's achieved all of those desires, and more. Through her books and services she is looking forward to helping you achieve those things too. Cassandra's been a travel manager, recruitment consultant, outplacement consultant, Human Resources manager, leadership coach and change catalyst and a wide range of other roles working in large multi-national corporations and non-for-profit organisations. She is also a sought after public speaker and creative entrepreneur. She has set up businesses for herself and for others, including an Employee Assistance Programme provider wanting to add career coaching to their list of services. Cassandra 'walks the talk' - she has reinvented her working life multiple times in the search for career nirvana and she's happy to say she's found it. Equally satisfying to her is that she's been able to share the knowledge she has gained. Over the years she has helped thousands of people from diverse backgrounds and circumstances find or create work they love, and to enjoy their lives. Her journey and lessons learned are shared in her book "Mid-life Career Rescue: How to confidently leave a job you hate, and start living a life you love, before it's too late." Her other non-fiction books include Boost Self-esteem Fast, Boost Your Courage, Employ Yourself and a range of other titles. Cassandra is also an award-winning artist and writes romance novels and historical art related fiction. She loves traveling, orchids, the arts and anything that is beautiful and uplifting.