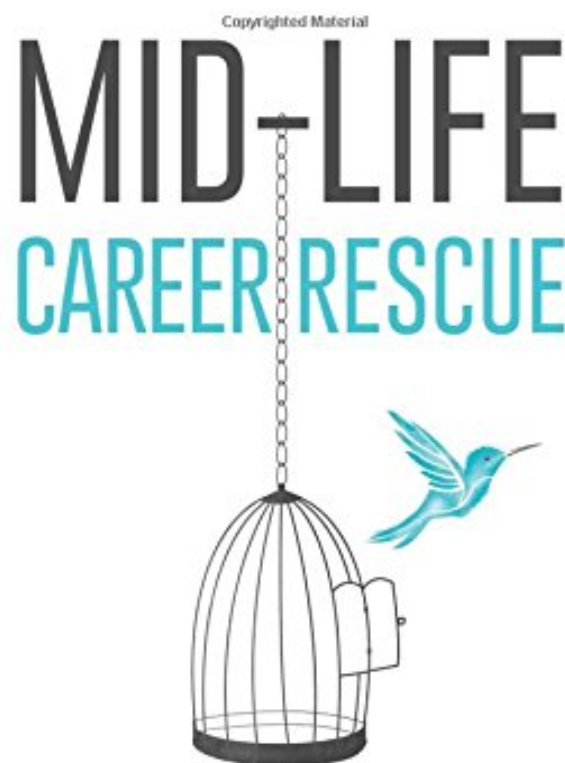


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Mid-Life Career Rescue: What Makes You Happy: How to confidently leave a job you hate, and start living a life you love, before it's too late (Volume 2)

Cassandra Gaisford

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— **What Makes You Happy** —

How to Confidently Leave a Job You Hate
and Start Living a Life You Love,
Before It's Too Late

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Find your point of brilliance and achieve lasting happiness Are you showing signs of job stress and career dissatisfaction? Did you wake up this morning excited to face the day ahead? Or did the thought of getting up and going to work make you wish you could stay in bed? If Monday mornings are a low point in your week, it may be a sign that its time to change careers. Finding happiness and a job you love is impossible without passion, purpose, enthusiasm, zest, inspiration and the deep satisfaction that comes from doing something that delivers you some kind of buzz. Yet, so many people have no idea how to be happy. Working long hours, too much stress, poor time management, financial strain or a whole raft of other constant pressures can soon send you drowning in a sea of negativity robbing you of the energy and positivity you need to make a life-enhancing career change. Mid-Life Career Rescue will help take the stress out of making a change, confirm your best-fit career and give you the confidence to move toward your preferred future. Amazon #1 bestselling author and career expert Cassandra Gaisford (BCA, Dip Psych) provides simple but powerful and easy to implement ways to boost your happiness, find your passion and purpose, and change. Based on survey research, personal achievements and her professional expertise and success as a career and business start-up coach Gaisford answers the question: how to work with passion and still pay the bills. Inspiring and practical career-change tips and job-hunting strategies, and motivational quotes about happiness will help youll get your mojo back, challenge your current beliefs and increase your sense of possibility. By tapping into a combination of practical career strategies, Law of Attraction principals, and the spiritual powers of manifestation, youll reawaken dreams, boost your self-awareness, empower your life and challenge what you thought was possible. Youll do this in an inspired yet structured way, strengthening your creative thinking skills, boosting your self-awareness and helping you identify your non-negotiable ingredients for success and happiness at work and in your life. Little steps, will lead naturally to bigger leaps, giving you the courage and confidence to take a gulp, and then fly free toward authentic happiness and career fulfillment. Whether youre considering a carer change at 40, or a career change at 50Mid-Life Career Rescue: What Makes You Happy will help you:Explore and clarify your passions, interests, life purpose, values, transferable skills and natural gift and talents Build a strong foundation for career happiness and success by identifying your criteria for job and life satisfaction Value your gifts, natural knacks and talents and confirm your work-related strengths Gain greater clarity about what you want to change and how to direct your energies positively toward your preferred future Strengthen your creative thinking skills, and ability to identify possible roles you would enjoy, including self-employment Have the courage to quit, or fall back in love with a job, youve come to hate Take the stress out of worrying you'll make the wrong move, and super-charge the confidence needed to make an inspired change Find your point of brilliance and achieve authentic happinessEscape the 9-5 drudge, live and work anywhere and join the new rich The strategies in this book will also help job-hunters in their 20s, 30s or 60s successfully change careers. Quit feeling trapped. Reclaim your power! Find a job you love and finally live the life you want. Scroll up and click "Buy Now before its too late.